

Between You & Me

Commitment | Week 6

Hayden | Feb 12th and Feb 15th 2026 | Gabe Cleave



God is relational. He created us to live in relationship with Him and with one another. Throughout this series we've talked about:

- Communication
- Trust
- Boundaries
- Conflict Resolution

Today we talk about the foundation that holds it all together: **Commitment**

The 4 Levels of Commitment

1) Commitment of Convenience

I am committed if it works for me.

- If it benefits me → I stay.
- If it costs me → I leave.
- If something better comes along → I switch.

This is how we treat:

- Gyms
- Restaurants
- Streaming services

Unfortunately, it's also how many treat:

- Friendships
- Church

2) Commitment of Contract

I am committed if you do your part.

- Transactional
- Performance-based
- Conditional

This is how we treat:

- Business deals
- Legal agreements

Unfortunately, this often becomes:

- "I'll love you as long as you meet my needs."
- "I'll stay as long as you fulfill your role."

3) Commitment of Community

I am committed because I belong.

Friendships

John 15:13

"There is no greater love than to lay down one's life for one's friends."

3) Commitment of Community (cont.)

Family

Proverbs 17:17

"A friend is always loyal, and a brother is born to help in time of need."

Church – The Family of God

[Acts 2:42–47](#)

[Romans 12:10](#)

[Hebrews 10:24–25](#)

[Ephesians 4:2–3](#)

[Galatians 5:13](#)

Community looks like:

- Devotion
- Generosity
- Serving one another
- Meeting together
- Bearing with each other
- Encouraging one another

This is why:

- We are in Life Groups
- We serve
- We worship together
- We give generously

Community is where commitment is tested.

4) Commitment of Covenant

I am committed even if...

- Even if you fail
- Even if it costs me
- Even if it's painful
- Even if I don't feel like it
- Even if circumstances change

This is the highest form of commitment.

Covenant is used throughout Scripture to describe the type of relationship God calls us into with:

- Our spouse
 - [Malachi 2:14](#)
 - Marriage reflects God's inseparable covenant love.
- Himself

God's Covenant Commitment to Us

[Genesis 15](#)

(God walks through the covenant pieces Himself.)

The Gospel

[Isaiah 53:5–6](#)

[2 Corinthians 5:21](#)

[1 Peter 3:18](#)

[Colossians 2:14–15](#)

Jesus fulfilled the covenant:

- He was pierced for our rebellion
- He became sin for us
- He died once for all
- He canceled our debt at the cross

